

## Conference Proceedings

## Caring for Mothers and their newborns- Midwives' role

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### Abstract

Proceedings of the Regional level CNE (Continuing Nursing Education), 29th June 2017, Sadhu Vaswani College of Nursing, Pune.

Caring for Mothers and their newborns -Midwives' role", the Regional level was held on 29<sup>th</sup> June 2017 at Sadhu Vaswani College of Nursing, Pune. CNE was conducted with the intention to increase the nurses' knowledge regarding Midwives roles, their independent practice issues and knowledge of Newborn Characteristics, Care and Resuscitation and most important to learn and gain from this CNE was Nurses Importance and role in Midwifery and Newborn Care. A total of 100 participants pre-registered from all over Maharashtra State. The participants included Chief guest, nursing faculty, clinical nurses specially Obstetrics, Gynecology and Neonatal department and students from various nursing colleges and hospitals. The conference programme was focused on - current trends in Midwifery, midwifery-led care, care pre, during and post delivery of mothers, their newborn care, and emergency care.

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### Planning Phase:

The Regional level CNE on "Caring for Mothers and their newborns -Midwives' role", was initially suggested by SOMI -Society of Midwives of India, in collaboration with Johnson & Johnson. It was planned under the exemplary guidance of Dr. Sripriya Gopalkrishnan, Principal, Sadhu Vaswani College of Nursing and Ms. Supriya Chinchpure coordinated Mrs. Manisha Kadam (Conference Chairperson). The conference as organizing secretary. The speakers' names were suggested by

1. Mrs. Manisha Kadam
2. Ms. Supriya Chinchpure

Special invitations were for SOMI members as experts in Midwifery.

Several meetings were conducted with faculty members for decision upon the date for the CNE and its program schedule. The meeting was also held with College SOMI Members, suggestions were taken from Dr. Prakasamma, Executive Director of Academy of Nursing Studies, Founder of SOMI. Lt.Col (Retd) Secretary SOMI India and Mrs. Rohini Nagarkar -SOMI President Maharashtra Chapter. The final dates for CNE, theme, and subtheme were finalized with the consent of SOMI members and speakers.

The date decided was on 29<sup>th</sup> June 2017. The registration fee for faculty was decided as 300/- as per Maharashtra

Nursing Council CNE guidelines. No on-spot registration was there.

After the final decision regarding the conference, 400 brochures were prepared and circulated all over Maharashtra nursing colleges and hospitals. Application for awarding CREDIT POINTS to the conference was sent to Maharashtra Nursing Council, which was finally granted to Award "2" CREDIT POINTS to the CNE.

Organizing committee members were decided after the discussion with Conference chairperson, and conference secretary. The responsibilities of the conference were distributed among all the faculty members, non-teaching staff and M.Sc Nursing and BSc Nursing students. Each committee members then started to work for necessary arrangements for the CNE.

**The day of CNE** was started with registration followed by breakfast. Online MNC registration was been done. Mrs. Rohini Nagarkar, SOMI President of Maharashtra Chapter consented to be the chief guest for the inauguration ceremony. Dr (Mrs) Sangeeta Bhujbal was MNC Observer for the CNE.

The CNE was inaugurated by the Chief Guest of the function Mrs. Rohini Nagarkar, SOMI President of Maharashtra Chapter, Dr (Mrs) Sangeeta Bhujbal, MNC Observer, Lt(Col) Retd Mrs. Manonmani Venkat, President of SOMI and Dr. Sripriya Gopalkrishnan, Principal Sadhu Vaswani College of Nursing.

Keynote address was given by Mrs. Rohini Nagarkar with a very warming-up lecture on 'Important roles of Midwives in caring for Mothers and Newborns' with a presentation and in which she highlighted about nurses active participation and need for evidenced practice especially in Rural health centers, where the need of midwife is important.

The first session was from 9:30 am-10:15 am by Ms. Supriya Chinchpure on 'Birth planning for safety and health of mother and babies'. The session was very informative with live examples and participants learned about how planning is to be done right from the birth of a female child for her pregnancy. The details of planning for Antenatal Care, Intranatal Care and Postnatal care, also care during Lactation period was very well taken. Second session was from 10:15 am -11:00 am by Mrs. Manisha Kadam on ' Examples of Midwifery-led care in labor: Sharing of experiences from different facilities' which highlighted the importance of Midwife to develop skills in handling and caring mothers during her labor and with efficient skills and confident knowledge and become Independent practitioner as Midwife-caring for Mothers and her baby.

The third session was from 11:00 -11:45 am by Lt (Col) Retd Mrs. Manonmani Venkat, Secretary, SOMI, India on 'Providing clinical learning opportunities to nursing and midwifery students in maternal and newborn care: the challenges teachers face and sharing of best practices for overcoming obstacles'. In this session it was explained how faculty themselves should first be knowledgeable, practice in clinical areas, become skillful, create interest in conducting deliveries and then be in a position to teach her nursing students the art of performing the delivery. Though the midwifery syllabus says to conduct number of deliveries there are many obstacles related to the clinical area, rural experiences, the safety of nursing students, availability of experienced faculty and co-operation of institutes to work the labor rooms. what is the ultimate solution for this was discussed and participants put forward many suggestions for the same, it created interest in the participants and finally the respected Observer of the CNE, Dr (Mrs) Sangeeta Bhujbal suggested that students need to be more exposed to Community Health Centres, where they will gain hands-on training for conducting deliveries efficiently.

Post lunch the session began at 12:45 pm by Mrs. Silly Dominic on 'Analysis of Current Newborn care in hospital births: Midwives can make a difference'.The session enriched the learning of the participants who were very engrossed in learning the practical aspects of identifying newborn babies care, their meticulous caring and handling with Human touch, how it makes a difference when nurses have knowledge of every minor issue in caring for Newborns.

The last session started at 2:00 pm by Mrs. Jasmine Jessy on ' Newborn skin care' in collaboration with the Johnson &

Table no 01: The detailed Programme schedule of the CNE is as follows

Timing	Event
8:00-9:00 am	Registration and Breakfast
9:00 to 9:30 am	Inauguration Keynote address- Caring for mothers and their newborns - Midwives' role. Mrs Rohini Nagarkar, SOMI Secretary, Maharashtra Chapter.
9.30 – 10:15am	Birth planning for safety and health of mothers and babies. Ms Supriya Chinchpure, Lecturer, SVCON.
10:15 – 11:00am	Examples of Midwifery led care in labor: Sharing of experiences from different facilities Mrs Manisha Kadam, Professor, SVCON.
11:00 – 11:45am	Providing clinical learning opportunities to nursing and midwifery students in maternal and newborn care: the challenges teachers face and sharing of best practices for overcoming obstacles. Lt (Col) Mrs Manonmani Venkat, Principal Career College of Nursing Bhopal & Secretary, SOMI, India
11.45am-12.45pm	Lunch
12:45 – 1:30pm	Analysis of Current Newborn care in hospital births: Midwives can make a difference Mrs. Silly Dominic, Nursing Superintendent Deenanath Mangeshkar Hospital, Pune.
1:30 – 2:00pm	New born skin care Mrs Jasmine Jessy, Lecturer, SVCON
2:30 – 5:30pm	Skill Stations 1. PV Examination: Ms Ashwini M 2. Safe Practices during labor: Mrs Priyanka K 3. New Born care: Ms Madhavi G 4. Basic New Born Resuscitation : Mrs Samruddhi B
5.30 – 6.00pm	Valedictory & Tea

Johnson products, where it was explained how Newborn skin care was very important to be taken care of. Skills stations began at 2:30 pm, participants were eagerly waiting to do Hands-on training in the skill stations as the theoretical knowledge was gained in the morning sessions, so they could connect the skills with

the base of the knowledge gained in the sessions. Each skill station was led by an Expert in their subject and detailed the skill performance, every participant got an opportunity to practice and perform return demonstration of the skills they learned.

Skill Station1- Per Vaginal Examination under strict aseptic technique and all the principles of PV examinations were taught and followed.

Skill Station II - Safe practices during labor, in this ideal Labor room set up was made and safely conducting a labor was taught.

Skill Station III - Newborn care and assessment was taught included- Immediate assessment with APGAR Score, Physical Characteristics, and routine newborn care was taught

Skill Station IV - Basic Newborn Resuscitation was taught, First Golden Minute, Neonatal Resuscitation Process Algorithm was taught and how to give Positive pressure ventilation (Bag and Mask Technique), chest compressions and assisting for Endotracheal Intubation was taught.

The CNE ended with the valedictory function held between 5.30pm - 6:00 pm. Four delegates gave their feedback with words of appreciation regarding the CNE. Participants appreciated the organizers for selecting a theme, which was important from nurses' point of view. They also expressed gratitude for the loving cooperation received from the committee members and "Humble service attitude" of the faculty and students of SVCON. Participants expressed that the objectives were achieved and delegates had a fruitful time in this CNE. Distribution of CNE certificates was done. Ms. Supriya Chinchpure delivered a vote of Thanks. The CNE ended at 6 pm. (Table no 01).

Overall, the CNE was a great success.

**Acknowledgment:** We would like to thank the CNE Committee members, for providing humble and energetic efforts to make the CNE successful.

## Reference

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